

RECIPE

Strawberry banana smoothie



Ready in **5 minutes**

Serves **1 person**

Ingredients

- 1 banana
- 1c strawberries
- 1/2c yogurt
- 1/2c milk

Preparation

1. **Add the strawberries, banana, yogurt, and milk to a blender.**
2. **Blend until smooth**
3. **Pour into a glass and enjoy!**