

## **Bolts High Performance Player Code of Conduct**

## **BOLTS HIGH PERFORMANCE PLAYERS WILL NOT**

- 1. Register to play in the program if I do not enjoy and love playing the game of soccer
- 2. Make any negative comments towards teammates, coaches, officials or opponents
- 3. Use foul, offensive or derogatory language towards teammates, coaches, officials or opponents
- 4. Consume alcohol, drugs or tobacco
- 5. Make excuses for my individual performance or team results
- 6. Emphasise winning over performance until the appropriate age/level
- 7. Engage in any bullying activities whether individually or within a group
- 8. Use social media in a manner that puts myself or Bolts High Performance in a negative light
- 9. Criticize Bolts High Performance in a public forum, through social media outlets or news media

## AS A BOLTS HIGH PERFORMANCE PLAYER I WILL

- 10. Attend all training sessions and games with the proper attire and equipment
- 11. Arrive on time ready to perform at all training sessions and games
- 12. Notify my coach when I cannot make a training session or game
- 13. Listen and give maximum effort in each training session and game
- 14. Be positive and not critical of my teammates
- 15. Show respect to all coaches with a handshake before and after training and games
- 16. Respect my teammates, coaches, opponents, officials and parents
- 17. Show respect for our playing environment by cleaning up after all practice sessions and games
- 18. Make sure I understand the technical and tactical expectations of the my team/age group/program
- 19. Learn the Laws of the Game
- 20. Let my parents know as soon as I stop enjoying the game and having fun
- 21. Report any instances of bullying to my parents and or coaches
- 22. Maintain at minimum a B average in school
- 23. Conduct myself in a way that always makes my family proud
- 24. Represent Bolts High Performance with pride

I understand that if I do not uphold the code of conduct it could lead to my being suspended or dismissed from the Bolts High Performance program either temporarily or permanently upon the discretion of the board of directors, technical directors and executive director.