



# BOUNCE COUNT

## GAME RULES



**GOAL:** The goal of Bounce Count is to jump sequentially across the mat -feet apart, feet together- without making a mistake.

### To Play:

- Players can jump with both feet across the mat, simply following numbers 1 through 6.
- For a greater challenge, players can try jumping forwards and back through each number, as in the following sequence:

1

1-2-1

1-2-3-2-1

1-2-3-4-3-2-1

1-2-3-4-5-4-3-2-1

1-2-3-4-5-6-5-4-3-2-1