"We cultivate love when we allow our most vulnerable and powerful selves to be deeply seen and known, and when we honor the spiritual connection that grows from that offering with trust, respect, kindness and affection.Love is not something we give or get; it is something that we nurture and grow, a connection that can only be cultivated between two people when it exists within each one of them – we can only love others as much as we love ourselves.Shame, blame, disrespect, betrayal, and the withholding of affection damage the roots from which love grows. Love can only survive these injuries if they are acknowledged, healed and rare."— The Gifts of Imperfection

Blene Blown

"It is an absolute human certainty that no one can know his own beauty or perceive a sense of his own worth until it has been reflected back to him in the mirror of another loving, caring human being."— The Secret of Staying in Love

John Joseph Powell

"We cannot live only for ourselves. A thousand fibers connect us with our fellow men; and among those fibers, as sympathetic threads, our actions run as causes, and they come back to us as effects."

Herman Melpille

"I define connection as the energy that exists between people when they feel seen, heard, and valued; when they can give and receive without judgment; and when they derive sustenance and strength from the relationship."

Blené Blown

"We all are so deeply interconnected; we have no option but to love all. Be kind and do good for any one and that will be reflected. The ripples of the kind heart are the highest blessings of the Universe."— Yoga and Vipassana: An Integrated Life Style

Amit Ray

"Just as the wave cannot exist for itself, but is ever a part of the heaving surface of the ocean, so must I never live my life for itself, but always in the experience which is going on around me."



"I promise you that the same stuff galaxies are made of, you are. The same energy that swings planets around stars makes electrons dance in your heart. It is in you, outside you, you are it. It is beautiful. Trust in this. And you your life will be grand."— Live Your Truth

Kamal Ravikant,

"Alone we can do so little. Together we can do so much."

Helen Keller

"Coming together is a beginning; keeping together is progress; working together is success."

Henry Ford

"Collaboration allows us to know more than we are capable of knowing by ourselves."

Paul Solanz

"I can do things you cannot, you can do things I cannot; together we can do great things."

Mother Telesa

"Individually we are one drop; but together we are an ocean."

Rynnosoke Satolo



"Synergy – the bonus that is achieved when things work together harmoniously."



"Great things in business are never done by one person; they're done by a team of people."



"Competition makes us faster, collaboration makes us better."



"The best teamwork comes from men who are working independently toward one goal in unison."

James Cash Penney

"It is amazing what you can accomplish if you do not care who gets the credit."

Hally Tuman

"I like working with people. I believe change can only come through collaboration."

Alain de Botton

"Collaboration is an important part of the process, and ego is never a part of it."

Mack Willberg

"Collaboration allows teachers to capture each other's fund of collective intelligence."



"Talent wins games, but teamwork and intelligence win championships."

Michael Jordan

"No matter how brilliant your mind or strategy, if you're playing a solo game, you'll always lose out to a team."

Reid Hoffman

"None of us is as smart as all of us."

Ken Blanchard

"If you want to lift yourself up, lift up someone else."

Booker T. Washington

"Many ideas grow better when transplanted into another mind than the one where they sprang up."

Oliver Vendell Holmes

"I have done all of my growing by working with and learning from others. If I allow myself to listen and step out of my own ego, I can be better and do better."

Caridad Saenz