

Who We Are

The IAMPOSSIBLE Foundation is a UK based charity working towards a world where no task is impossible for those with Limb Differences. We believe that through increasing visibility, creating a community, information/resource sharing and events we will empower individuals with limb differences to approach tasks in new and innovative ways.

We have a growing team of volunteers and ambassadors that support this mission. We completed our first fundraiser in 2019 where we raised £2900+ which has supported the initial growth of the foundation and enabled us to support a UK family with accessing prosthetic care for their 9 month old son.

The IAMPOSSIBLE community is growing rapidly and has fast become international! Our community is built of individuals with limb differences, parents and partners of those with limb differences and individuals that simply believe that ability is not defined by an individual's anatomy.



Contact Us

To find out more information on our services and support visit our website

www.iampossiblefoundation.co.uk



To join our community follow

[@iampossiblecomm](https://www.instagram.com/iampossiblecomm)



IAMPOSSIBLE

FOUNDATION



**THE UK FOUNDATION FOCUSED
ON SUPPORTING THOSE WITH
LIMB DIFFERENCES**





What does "limb difference" mean?

Limb differences either occur congenitally (collectively known as Dysmelia) or can be acquired due to accident or illness. Limb differences result in an individual having a limb that may appear or function differently to an 'A-Typical' limb.

DYSMELIA

This is an umbrella term for what is seen as a group of 'rare' conditions with only 6-8 in 10,000 children being born with a limb difference per year. There are over 50 conditions that can result in a congenital limb difference with a variety of root causes.

A number of different terms are used to describe a congenital limb difference including 'Congenital Limb Reduction' or 'Congenital Limb Deficiency'.

There is often no known cause for Dysmelia when diagnosed either during ultrasounds or after birth.



ACQUIRED LIMB DIFFERENCE

This term refers to an individual who has had an amputation to remove all or part of a limb due to either accident/injury or illness.

Whether your child has just been diagnosed with a congenital limb difference or you are going on a journey of acquired limb difference IAP are here to support you. Our core message to you is that ability is not defined by physical anatomy. There are many ways to overcome the apparent barriers presented by a limb difference. We are currently developing a database of adaptive equipment and businesses to support you on your journey. But in most cases the adaption occurs with some time and practice rather than equipment.



A MESSAGE FROM OUR COMMUNITY TO YOU

However this leaflet has found itself to you our community want you to know that they are there for you and your family. We asked them to share something they wished they had known on their journey with limb difference:



Shannon, Uk



"People with limb differences are strong and independent. our life experience and adapting to a world built for "able bodied" people have made us so resilient. We are capable, our difference does not define us. We are able not disabled"

Liv, Uk



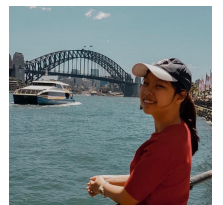
"Children will surprise and amaze you. They will overcome all the struggles and obstacles you can think of! offer plenty of support, encouragement and reassurance"

Savannah, USA



"Limb differences come in all shapes and sizes and they don't stop us! we can do what ever we set our mind to. Limb differences are normal and it's ok to have them!"

Emily Grace, Singapore



"Speak about it! No-one is ever too old or young to learn. Cater the information needed to whomever you are talking to. never hide it!"

Josh, USA



"I think you should embrace and be grateful for all the ways we are different. I have met the most amazing people and had incredible experiences because I was born with one hand! It does not define me it's just a really cool part of me "