



LA DEFENSA PERSONAL

¡Aprenda defensa personal y el Taekwondo cada viernes!

Pueda tomar clases via Zoom o en persona (gratis).

100 Pine Park Drive

Gibsonia, PA 15044

5:30-6:30 PM

Winter-Spring Term

Beginning January 8th, 2021

**Due to Covid-19 restrictions, term end
date TBA**

5:30-6:30 PM

TO SIGN UP:

- 1) Use this link: <https://forms.gle/aNU9SSuxpTP62EYH9>**
- 2) OR email defendamonos2020@gmail.com to receive the sign-up form.**

defendamonos.org

Instructors: Emma Ventresca, Georgia Reese, and Mrs. Laura Reese