



**YOUR CAMPER'S HEALTH
IS OUR PRIORITY!**

**FIND OUT WHAT
WE'RE DOING TO
HELP KEEP
CAMPER'S
HEALTHY!**

THIS SUMMER AT CAMP ROCK

WE ARE PREPARED AND ALREADY HAVE BEST PRACTICES IN PLACE TO HELP REDUCE THE POSSIBLE SPREAD OF ILLNESS THIS SUMMER. WE ARE USING GUIDELINES IN PLACE BY THE CDC, MARYLAND STATE DEPARTMENT OF HEALTH, AND MSDE TO HELP ENSURE YOUR CHILD IS SAFE HERE AT CAMP ROCK! HERE ARE A FEW OF OUR BEST DAILY PRACTICES AND REQUIREMENTS:

1
**PRE-SCREENING
CAMPER'S BEFORE
START OF CAMP**

2
**DAILY
TEMPERATURE
& HEALTH
QUESTIONNAIRE**

3
**SMALL GROUP
SIZES**

4
**Physical
Distancing**
**PHYSICAL
DISTANCING**

5
**FREQUENT
HAND WASHING**

6
**DAILY ROUTINE
& FACILITY
DEEP CLEANING**



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For more info reach out to us at: email.office@camrockmd.com
or call 410-665-7461

CAMP ROCK

Summer Fun Starts Here!



Camp Rock COVID-19 Health Policy Amendment

The Department of Health & Mental Hygiene has requested that each youth camp program create a plan for monitoring the health of staff and the health of campers. The enclosed plan outlines how Camp Rock will keep campers safe and how these procedures may differ from how camp operated during previous non-COVID years.

Daily Drop-Off, Pick-Up, & Camper/Staff Health Screening

- Camper Arrival & Pick-Up will be staggered to reduce grouping of campers. Campers enrolled in Morning Care with drop off between 7:00-7:30 a.m. Campers enrolled in our general day program will drop off between 8:00-8:30 a.m. Campers enrolled in our regular day program will be picked up between 4:00-4:30 p.m. Campers enrolled in our After Care will be picked up between 5:00-6:00 p.m. If a camper needs to be picked up at a different time other than what has been outlined, the parent must coordinate this with the Camp Director.
- **Curbside Check-In-** The camp staff will greet parents and campers curbside with a temporal thermometer. Both staff and parents must have on a mask. Staff will take and record camper's temperature on our Camp Rock Temperature Log. Individuals from outside the camp will have limited access to the campers, including parents during camper drop-off/pick-up. Parent's will also have access to a QR code for contactless camper check-in/check-out.
 - *If the camper's temperature exceeds 99.0 degrees Fahrenheit at the vehicle, the camper will be parked for a 15-minute re-check. If the temperature continues to exceed 99.0 degrees after the second check, the camper will not be admitted for care.*
- **Daily Health Screenings-** Parents will then complete a daily health screening questionnaire & sign in sheet. Parents will answer the following questions: 1.) Has your child felt feverish or had a temperature of 100.4 degrees or greater in the last 24 hours or been administered fever-reducing medication? 2.) Has your child had any of the following symptoms in the last 24 hours: sore throat, nasal congestion, runny nose, cough, shortness of breath, fatigue, headaches, body aches, nausea, vomiting, diarrhea, loss of taste or smell in the last 24 hours? 3.) Has your child had any close or prolonged contact with anyone in the household with COVID-like symptoms, anyone known to have COVID-19, or anyone considered a person under investigation for COVID-19?
- **Camper Crews-** Campers will then join their pre-assigned "Camp Crew," which is a group of up to 14 campers with 1 counselor, totaling a separate group of no more than 15. "Camp Crews" will be constructed by grade level and total overall enrollment for each given week. Campers may not switch their "Camp Crews" assigned by the Camp Director. When possible, Camp Crews should remain separate throughout the camp day as much as possible. Individuals shall maintain 6 feet of physical distance, wherever and as often as possible. When not possible, campers over the age of 5 will be requested to wear a mask. Staff should wear masks when in close contact with campers, parents, and other staff.

Daily Camp Procedures for Reducing Chance of Infection

- Posted signage with COVID-19 prevention & control practices
- Scheduled handwashing throughout camp day & use of alcohol-based sanitizer
 - *Upon arrival, during transitions, before/after meals, after restroom usage*
- Routine cleaning of communal areas between “Camp Crew” usage
- Daily deep cleaning of camp facility and equipment used by campers
- Maintaining adequate supply of cleaning products, soaps, and sanitizers for the facility
- Avoid using equipment or items that cannot be easily cleaned or disinfected
- Campers who are symptomatic will be isolated to the health suite, parents will be contacted for pick up, and the camper may not return without physician approval to return. Campers must be picked up within one hour of their parents being notified.

COVID-19 CAMP CHANGES FROM PREVIOUS YEARS

We are anticipating regular typical camp operations with the exception to the following areas described below. Fortunately, most of our activities are held on our 8-acre campus, so the main activity adjustments we will include operating theme-based activities using smaller “Camp Crews,” increasing our outdoor activities, social distancing during activities, and eliminating any large group activities that would otherwise require everyone to be in close, confined spaces.

Regular camp activities will still include swimming, water play, weekly themes, sports, arts & crafts, games, Wheel Wednesday, playground time, nature trails, specialty classes, and academic time. Camp Crews will follow a rotation schedule throughout the day to ensure social distancing compliance. Shared areas will be cleaned in-between usage of “Camp Crews.”

Primary Program Changes

- **Lunch:** Campers will pack their own lunch and snacks this year.
 - Current health guidelines recommend the elimination of buffet food service options, shared serving utensils, and eating lunch in larger groups (such as the cafeteria during previous camp seasons). Hot lunch will be served to campers individually.
 - It is currently recommended that campers eat lunch amongst their “Camp Crew.”
 - Please plan to pack your camper’s lunch daily. Hot meal passes are available for Mondays, Wednesdays, and Fridays. Camper’s lunches should be ready-to-eat and not require heating. Please be sure to include a cold pack inside your camper’s lunch.
- **Field Trips-** Field trips are currently available for campers (ages will vary by trip). We will keep you updated on the status of trips and or changes issued by our trip sites.
 - Campers will be asked to wear their masks while being transported to the location.
 - Per transportation regulations, campers age 8 and under must have a child safety seat to be transported to the trip site.
 - All transportation vehicles will be disinfected before and after each usage.
 - Campers must have their masks to be compliant with most trip venue protocols.

Response & Management for COVID-19

Any staff or child exposed to a person diagnosed with a confirmed or probable case of COVID-19 may not work or attend camp until they have completed self-quarantine following the current CDC guidelines. Persons who have recovered from COVID-19, must be cleared by their contact tracer for release from isolation according to CDC guidelines.

Note: Please examine your camper's health before leaving home for the day by taking his/her temperature and checking for signs of cough, congestion, or runny nose. We are unable to allow symptomatic campers to remain on site.

If a staff member or camper has COVID-19 like symptoms (**Any 1:** cough, shortness of breath, difficulty breathing, new loss of taste or smell, or at least **Any 2** of the following: fever, chills/shaking, muscle aches, sore throat, headache, nausea, vomiting, diarrhea, fatigue, congestion, or runny nose), the individual will wear a facial mask and be isolated to the health suite. Parents will be contacted to pick up the symptomatic camper.

Parents and/or a designated emergency contact must pick up their camper within one hour of being notified. The camper must be cleared by a physician before returning to camp. Physician clearance notes must contain the diagnosis and date of return. Symptoms must also have resolved before returning to camp.

If a group has a staff member or a camper that is found to have a confirmed case of COVID-19 at the facility: 1.) The group shall be quarantined following CDC guidelines. 2.) The individual may not work or attend camp until being cleared by a physician. 3.) Camp Rock will continue to follow exposure control techniques. 4.) Parents of any affected campers (close contacts) will receive communication. 5.) The Health Department will assess the situation and provide guidance as needed. 6.) All surfaces will be deep-cleaned, and camp may wait up to 5 days before taking new groups of campers.