

City VIBES

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CORONA UPDATE

*Corona Update World:

Total Cases - 1,14,95,219 ↑
Active Cases - 44,52,464 ↑
Recovered - 65,07,385 ↑
Deaths - 5,35,370 ↑

*Corona Update India:

Total Cases - 6,97,836 ↑
Active Cases - 2,53,245 ↑
Recovered - 4,24,891 ↑
Deaths - 19,700 ↑

*Corona Update Punjab:

Total Cases - 6370 ↑
Active Cases - 1698 ↑
Recovered - 4507 ↑
Deaths - 165 ↑

*Corona Update Ludhiana:

Total Cases - 1079 ↑
Active Cases - 462 ↑
Recovered - 592 ↓
Deaths - 25 ↑

*Corona is rising at alarming scale. All are requested to observe all precautions of wearing mask, maintaining social distance and going out only in absolute necessity. Otherwise Administration may be compelled to take stricter actions

*All school, college,

"Days of expansionism are over. Expansionism creates danger for world peace. This is an era of development. Expansionist forces have either lost or forced to turn back,"



Narinder Modi, the Prime Minister of India while speaking to army jawans at Laddakh

university exams cancelled in Punjab

*India ranks three in world in terms of Corona cases. Ludhiana ranks top in Punjab

BORDER UPDATE

*Govt. to aggressively create roads and other basic infrastructure across full length of China border. Many job opportunities for workers.

*China strengthening its forces in Indian Ocean. India too plans to create a major sea base at Andaman.

*In anticipation of war against China, US planning to spread its forces all over from Japan to Western Asia upto Australia

*Nepal prime minister K P Sharma Auly faces criticism within Nepal for hi anti India stand

*POK DGPR shares on its website the will of people of Pakistan occupied Kashmir to seek independence from Pakistan due to its inhumane policies.

EDUCATION UPDATE

*Govt. notification regarding cancellation of exams does not apply to Medical Education, Education Ministry sources reveal. Baba Farid university to notify its dates for all medical and para medical course and recruitment exams.

PHYSIOTHERAPY

By: **Dr. Ambuja Bhardwaj**

(MPT Sports, CTT, CDNT) & Asst. Professor of Physiotherapy
Physio for Team India at Asian Martial Art Championship

- ➔ Muscle & Joint Pain
- ➔ Sports Injuries
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- ➔ Pregnancy Care
- ➔ Post Operative Rehabilitation



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When Indira Gandhi sent Atal Ji to United Nations... ... and Vajpayee addressed Indira Gandhi as “Maa Durga”



“Weak opposition is never good for the democratic values and sovereignty of our country. Even if someone considers the opposition actually weaker, it becomes the responsibility of ruling party to uplift the morale of opposition to show real patriotism. There was an era in Indian democracy when our Prime Minister openly challenged the might of super power USA and sent leader of opposition to represent India in United Nations and the opposition leader open heartedly praised the good deeds of Prime Minister. That was the era of national integration and of “NO PAPPU CULTURE”. Any effort to decimate rising voice of opposition is against the long term interests of our country and takes us towards an autocratic regime” - CM Sharma

Lets rewind that Glorious Chapter...

“If India pokes its nose in Pakistan, US will not keep its trap shut. India will be taught a lesson” - #Richard_Nixon, US President.
“India regards America as a friend. Not a boss. India is capable of writing its own destiny. We know and are aware how to deal with each one according to circumstances” - #Indira_Gandhi, Indian Prime Minister.

The year was 1971

and the month November. Indian Prime Minister Indira Gandhi articulated these exact words sitting with the U.S. President Richard Nixon in the White House, while maintaining an eye-to-eye contact.

The said event was narrated by the then Secretary of State and NSA, #Henry_Kissinger in his autobiography.

That was the day when the Indo-U.S. joint media address was cancelled by Indira

Gandhi who walked away from the White House in her own inimitable style.

Kissinger, while ushering Indira Gandhi into her car, had commented, "Madam Prime Minister, don't you feel you could have been a little more patient with the President".

Indira Gandhi replied, "Thank you, Mr. Secretary, for your valuable suggestion. Being a developing country, we have our

Remembering the Glorious Era of Indian politics...

backbones straight - & enough to fight the atrocities. We shall prove that days are gone to rule any nation far from thousands of miles"

Thereafter as soon as the Air India Boeing touched the Palam runway in Delhi, Indira Gandhi summoned the leader of opposition, #Atal Behari Vajpayee to her residence immediately. Post an hour of discussion behind closed doors, Vajpayee was seen hurrying back. It was thereafter known that Atal Ji would be representing India at the United Nations.

#Donald_Paul of #BBC had jumped in with a question to Vajpayee, "Indira ji regards you as a staunch critic. In spite of that, are u sure you'd be at the United Nations shouting your throat (voice) out in favour of the Incumbent Government?"

Vajpayee had a repartee.. "A rose adorns a garden, so does a Lily. Each is beset with the idea that they are individually the most beautiful. When the garden falls in a crisis, it's no secret that the garden has to safeguard its beauty as one. I have come today to save the garden. This is called Indian Democracy."

The resultant history is all known to us.

America sent 270

#Paton_tanks to #Pakistan. They called the world media to demonstrate that these tanks were produced under exclusive technology, and are/were thus indestructible. The intention was very clear. This was a warning signal to the rest of the world that no one should help India.

America did not stop here. #Burma_Shell the only U.S. company supplying oil to India, was told to stop. They were sternly told by U.S. not to deal with India anymore.

India's history thereafter was only about fighting back.

Indira Gandhi's incisive diplomacy ensured oil came in from #Ukraine.

A battle that lasted just a day destroyed these 270 paton tanks from USA. The destroyed tanks were brought into India for demonstration. The hot deserts of Rajasthan still stands as a witness where U.S. pride was decimated.

A war that lasted eighteen days thereafter culminated into capturing 1 lakh

POWs from Pakistan. Mujibar Rahman was released from Lahore Jail. The month was March - Indira Gandhi recognized Bangladesh as an independent nation in the Indian Parliament. Vajpayee addressed Indira Gandhi as "Maa Durga" These events had a packet of long lasting manifested fallouts.

—India's own oil company, viz. Indian Oil came into being.

—India expressed itself as a nation of strength in the eyes of the world.

—India led the Non Aligned Movement (#NAM) from the front. Its leadership was unquestioned.

Events of such strength did get submerged into the great depths of yore. Truthful history till date remains as a baton. India has treaded fifty years hence. There is a sense of tiredness. Democracy finds itself lonely as a word in the lexicon. The opposition is no longer part of democracy anymore. The voices, if not in toe, are regarded as voices of evil.



BJP District office celebrated 119th birth anniversary of its founder Dr. shyama Prasad Mukherjee. Pushpinder Singhal, Parveen Bansal and others were present.



Dr. Bishav Mohan of DMC familiarizing the Ludhiana Municipal Corporation staff with right methods to deal with Corona pandemic



PSIDC Chairman Kewal Krishan Bawa along with heads of 7 different social organizations informing DC Varinder Sharma of 350th birth anniversary of Baba Banda Bahadur. The group welcomed newly appointed DC and assured him of full support to make Mission Fateh a success.

Dr Surinder Gupta led I-CAN-GUIDE NGO organised an online scientific-session on BREAST CANCER on last week.

Dr Surinder Gupta coordinated and Dr Manoj Sobti (Member PMC) Chaired the session. Dr Inder Sharma, Dr Kulwant Singh, Dr Sonia Bangia along with More than 40 Delegates from all over Punjab, Participated, with Dr Rahul Jain, Dr Avtar Singh, Dr Neeraj Aggarwal, Dr Jagdev Kehal, Dr Deepak Bhatia, Dr Mrs Shashi Kalra, from Ludhiana, Dr Malwinder Singh Sunam, Dr Rakesh Sharma from Jalandhar, Dr Baldev Sankhyan from HP., Dr Jasdeep Singh Nabha, Dr RPSingh Chawla Nakodar, Dr Sarbjit Singh Pul-Sudhar, Dr Chamkaur Singh Raikot.



Punjab Congress Sewa Dal president Nirmal Kaira, along with Ludhiana presidents Deepak Manan (urban) & Satpal Lally (rural) honoured traffic marshals for volunteering to serve people during Corona pandemic and has requested Punjab CM to prefer these people for any near future police vacancy.

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A COMPREHENSIVE DIRECTORY OF MEDICAL FACILITIES IN LUDHIANA



Ex Punjab Minister Madan Mohan Mittal spoke to media in a press conference organized at Ludhiana by BJP district President Pushpinder Singhal to tell media that the new Govt. policy on buying crops is beneficial for farmers. He told that it will not harm farmers or local brokers or small shopkeepers and is not meant to benefit big corporate buyers, as is allegedly argued by certain sections of society.