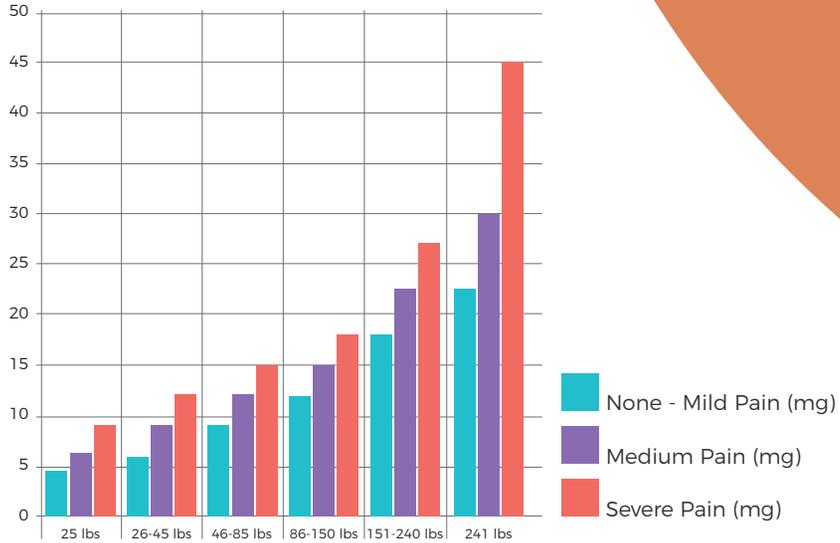


# Dosage Suggestions

Below, we've produced a table of dosage suggestions based on your weight and the severity of your ailment (pain level). Use these suggestions as a starting point and adjust your dosage up or down accordingly.

## CBD Dosage Chart



	Weight					
	<25 lbs	26-45 lbs	46-85 lbs	86-150 lbs	151-240 lbs	>241 lbs
<b>Pain:</b>						
None-Mild	4.5mg	6mg	9mg	12mg	18mg	22.5mg
Medium	6mg	9mg	12mg	18mg	22.5mg	30mg
Severe	9mg	12mg	15mg	18mg	27mg	45mg



Contact us by email at  
[info@cbd-klub.com](mailto:info@cbd-klub.com)



## About Us

Many of us suffer from sleep disorders, pain and stress.

Together with [www.projectcbd.org](http://www.projectcbd.org) we promote the use of CBD, which can help relieve many every day symptoms.

Project CBD is a California-based nonprofit, established in 2010 by journalists who had been covering the medical marijuana story - the science, the movement, and the industry. They felt that the reintroduction of CBD-rich cannabis into the grassroots supply merited special attention. The serendipitous reappearance of whole plant CBD in Northern California in 2009 has given doctors and patients a unique opportunity to evaluate the effects of cannabidiol.

## CBD Medical Benefits

CBD can be used for a number of medical conditions and issues. Here are just a few of the things CBD can help with:

- Pain
- Stress
- Anxiety
- Sleeplessness
- Postnatal Depression
- Inflammation
- Nausea

Your pet can also benefit from CBD; they suffer from many of the ailments we do. Visit our website (CBD Pets) for further information.

## Products



**Organic -  
300mg CBD  
Pain Cream/  
Moisturizer**

The best Skin Moisturizer, Pain Cream and Sleep Aid on the market.

Antioxidants are a skin's best friend, helping to ward off the ravages of time and daily living. Steeped with luscious organic avocado and jojoba oils, rosehip, carrot and organic neem oil, it deeply replenishes and revives dry, dull skin, leaving it renewed and rejuvenated. In a soothing base of organic aloe with nourishing vitamins A, B5, C and E, these ingredients combined with a healthy dose of CBD and Lavender essential oil make for the perfect cream to relieve your aches and pains.

**Island Therapeutics Price: \$45.00 plus GST and S&H**



**Organic -  
500mg CBD  
Oil Tincture**

Whatever your reason for using CBD, whether it be stress, pain, anxiety, depression, inflammation or other, you are sure to love the efficacy of our coconut oil based CBD Tincture. Hand crafted using the highest quality starting materials available, our CBD Tincture is simply the finest on the market.

**Island Therapeutics Price: \$50.00 plus GST and S&H**



**Organic -  
500mg Full  
Spectrum  
Oil CBD  
Tincture**

Our full spectrum CBD tincture also contains additional active plant compounds that our CBD isolate tincture does not. This gives it the potential for a wider array of health benefits. In some cases people tend to find CBD more effective when used alongside other compounds of the cannabis plant. Try it for yourself and let us know what you think.

**Island Therapeutics Price: \$70.00 plus GST and S&H**



**Organic -  
20mg/40mg  
CBD  
Transdermal  
Pain Patch**

Conveniently maintain an accurate and consistent dosage of CBD throughout the day and night. Whatever your reason for using CBD, be it pain, anxiety, depression, inflammation or other, you are sure to love the consistency of the transdermal patch. Our special slow release system conveniently doses out a constant supply of CBD throughout the day and night to maximize the benefits of this amazing cannabinoid. Simply apply the patch to a clean, dry, veinous surface of your skin (inside of wrist) and wear for up to 24 hours.

**Island Therapeutics Price: \$8.00 / \$12.00 plus GST and S&H**

*Ask us about our Klub pricing*