IN MARYLAND

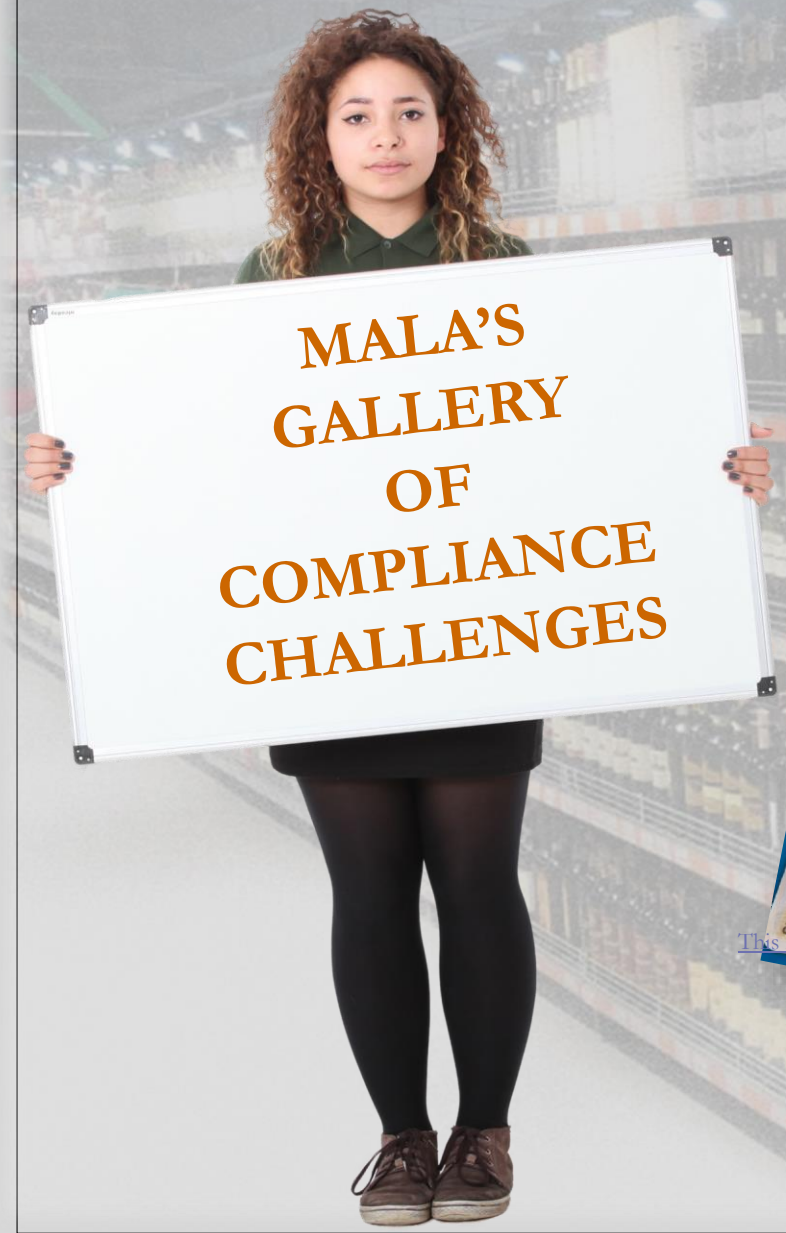
MALA's Checking in on Under-21 Alcohol Use

Friday, December 4, 2020

12:00noon – 1:00 pm

Who's in the Room?

Please write your name and affiliation in the chat box.



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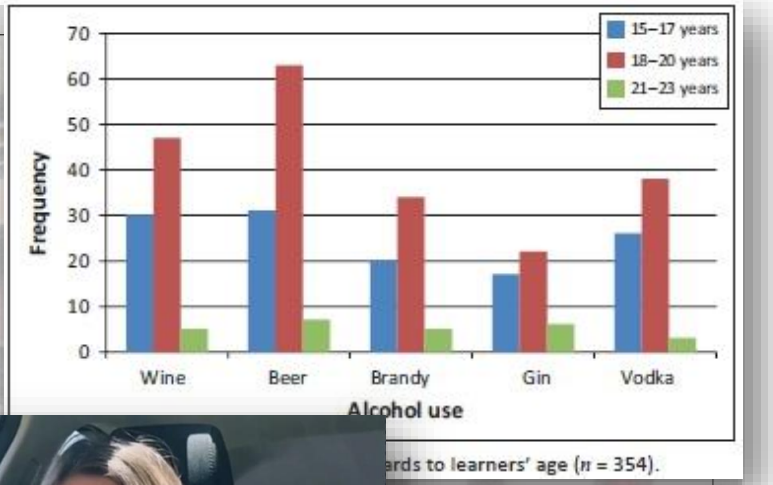

rds to learners' age (n = 354).

1. Under-21 Alcohol Use in Maryland
2. Compliance Checks
3. Fake IDs – Challenges & Strategies
4. Q & A

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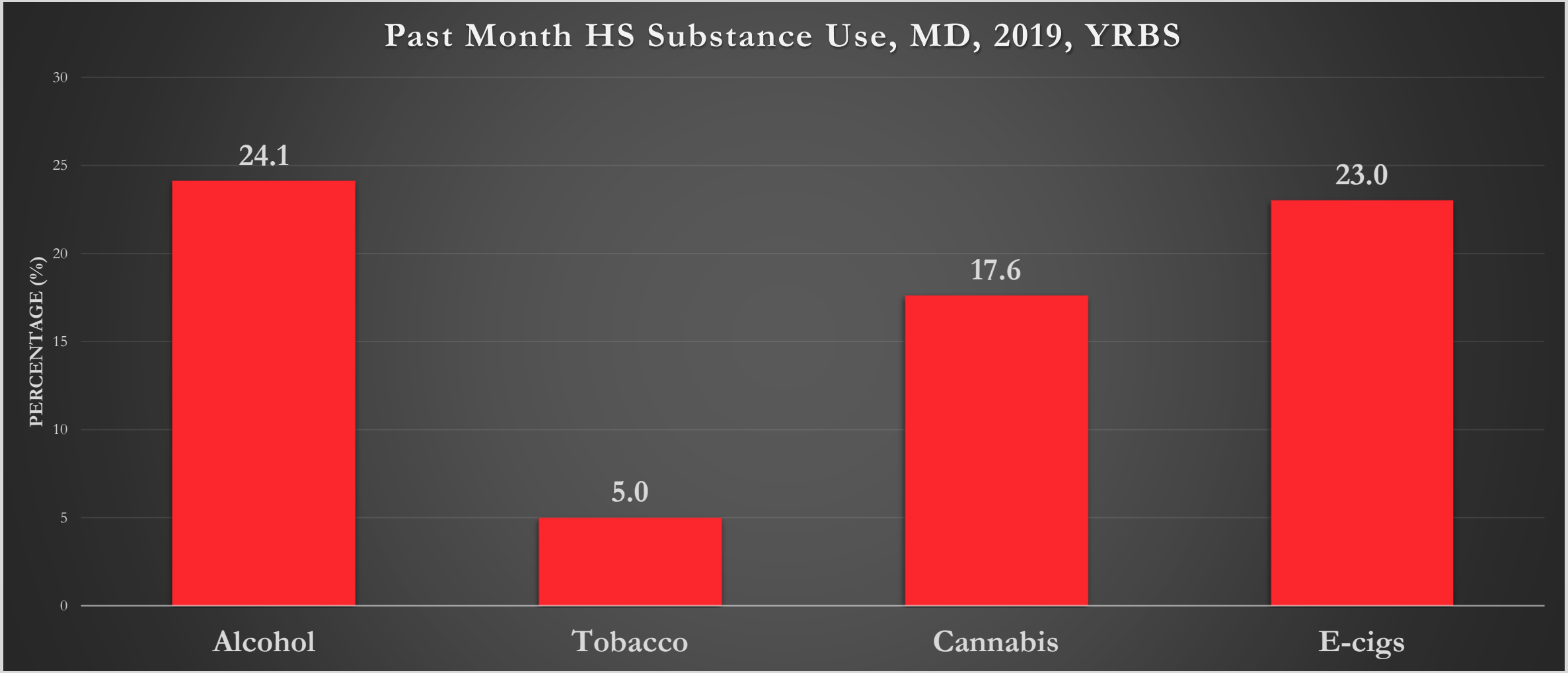
POLLING

Under-21 Alcohol Use in Maryland

Under-21 Alcohol Use In Maryland

The Big Picture

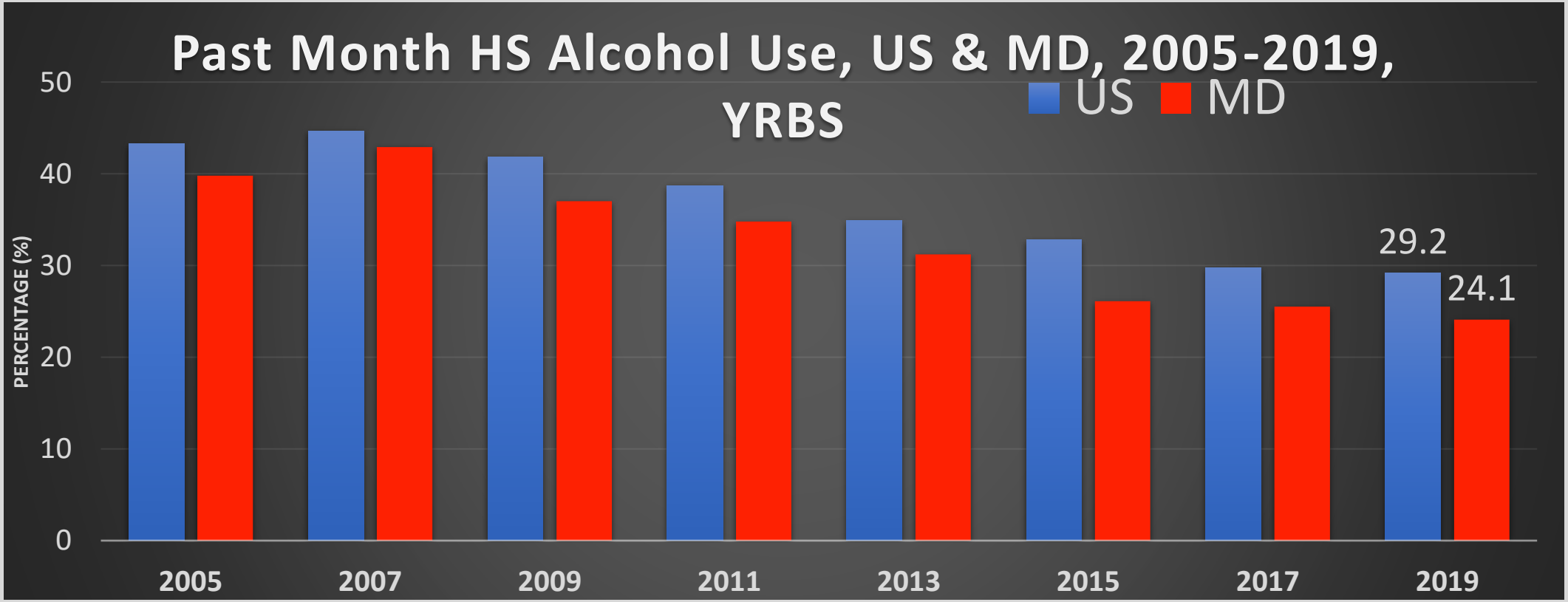


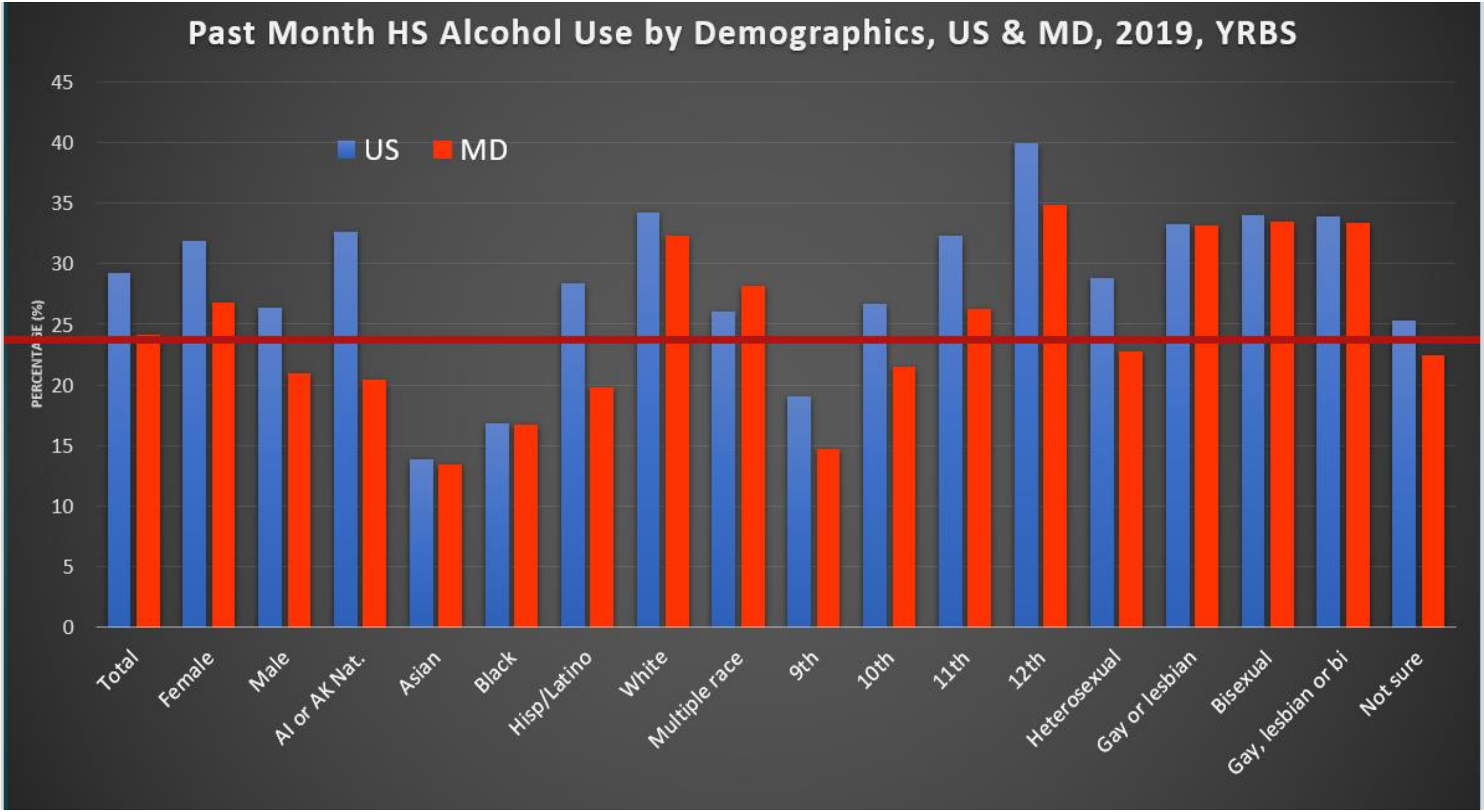
What are the effects on youth of alcohol use?

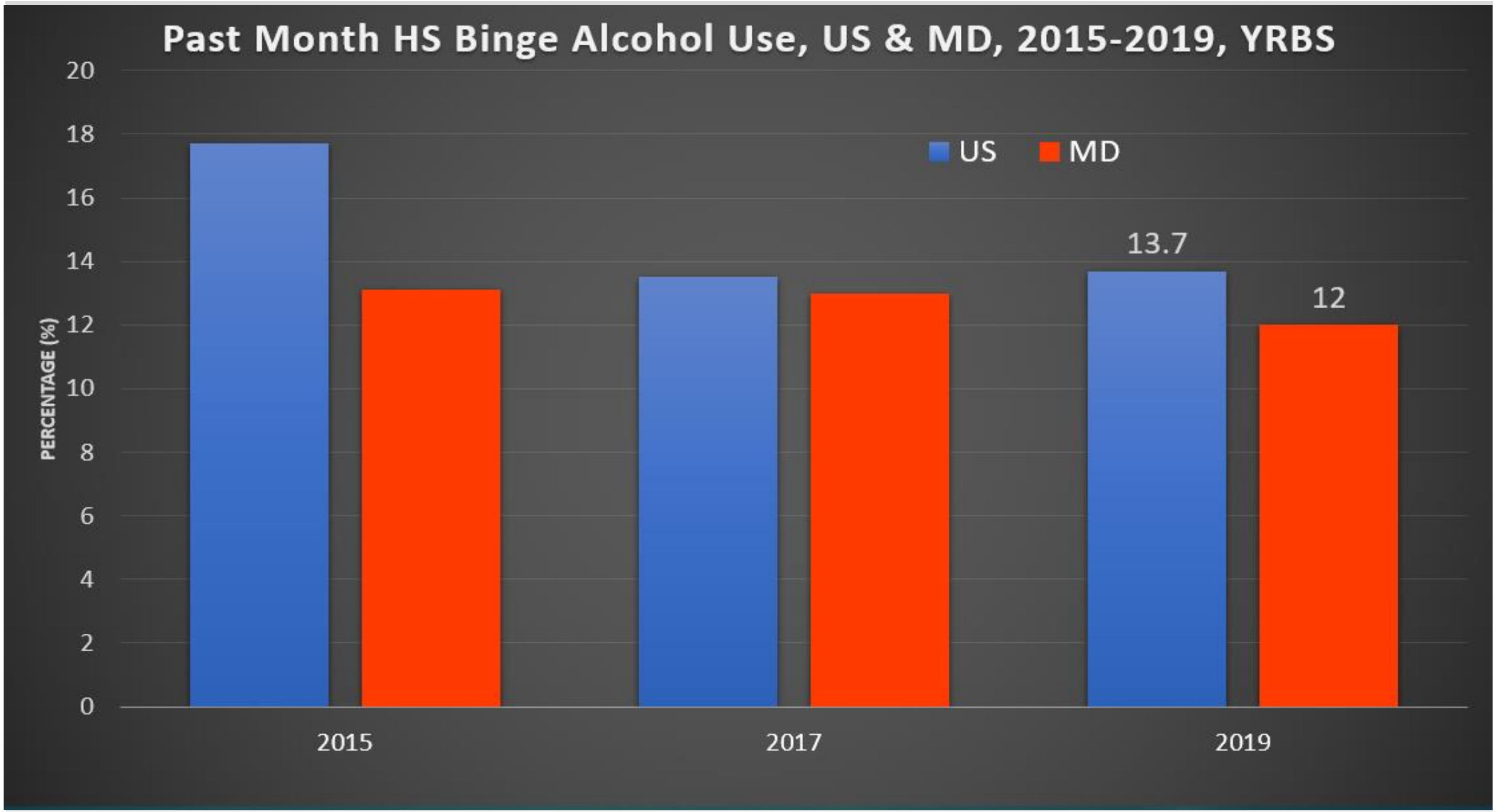
Effect on youth

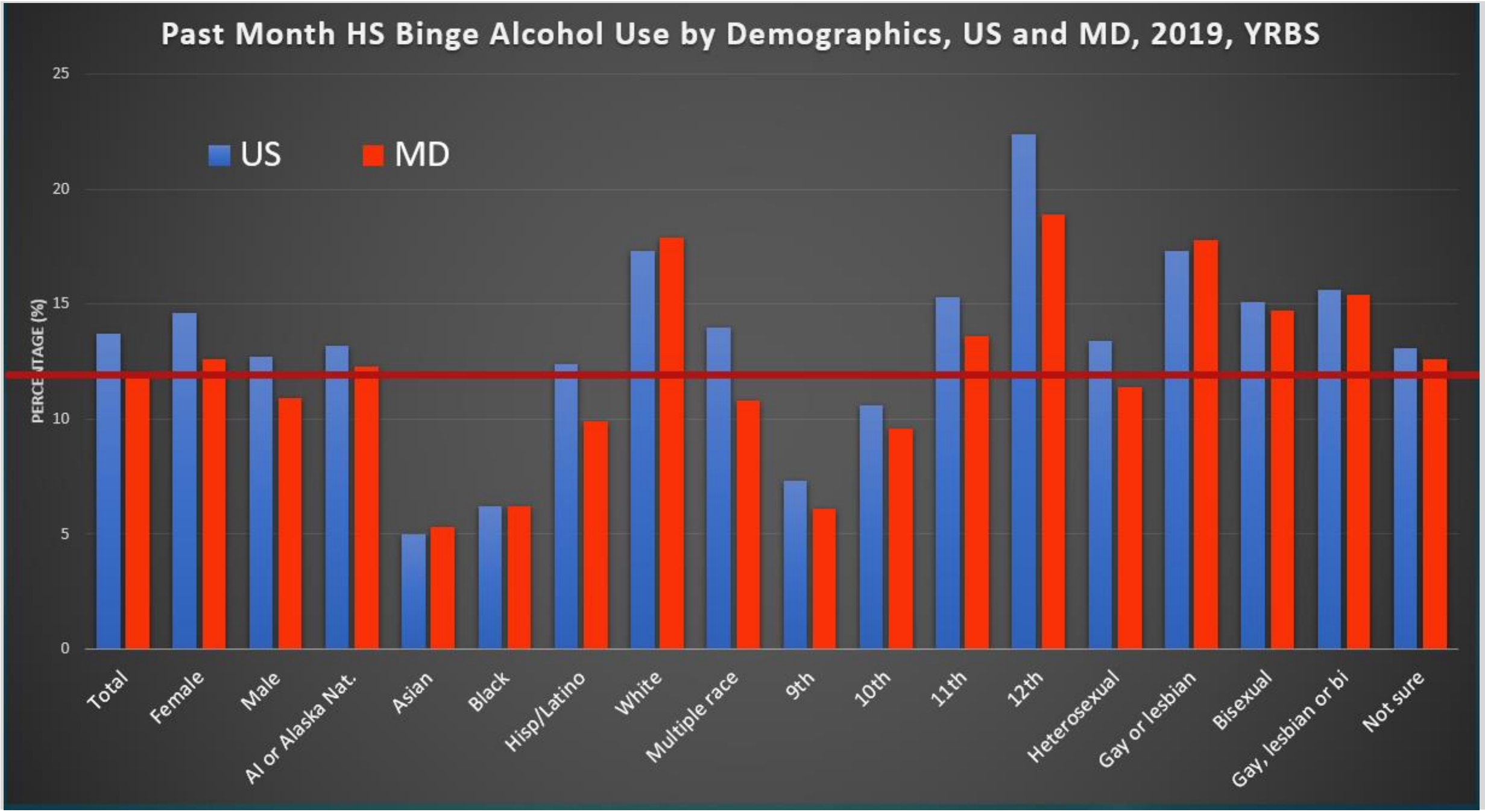
- 3.500 youth under 21 die from alcohol use each year; 66 in Maryland
- Top causes of death in youth: homicide, suicide, MVCs
- Acute health effects (poisoning, pancreatitis)
- Societal effects (crime including assault, lost work productivity)
- Harms to others (child maltreatment, domestic violence)
- Chronic health effects (liver disease, cancer)

What are the trends in alcohol use in Maryland over time?




Past Month HS Alcohol Use by Demographics, US & MD, 2019, YRBS
US
MD
45
40
35
30
25
20
15
10
5
0
Total
Female
Male
AI or AK Nat.
Asian
Black
Hisp/Latino
White
Multiple race
9th
10th
11th
12th
Heterosexual
Gay or lesbian
Bisexual
Gay, lesbian or bi
Not sure


Past Month HS Binge Alcohol Use, US & MD, 2015-2019, YRBS
PERCENTAGE (%)
20
18
16
14
12
10
8
6
4
2
0
US
MD
13.7
12
2015
2017
2019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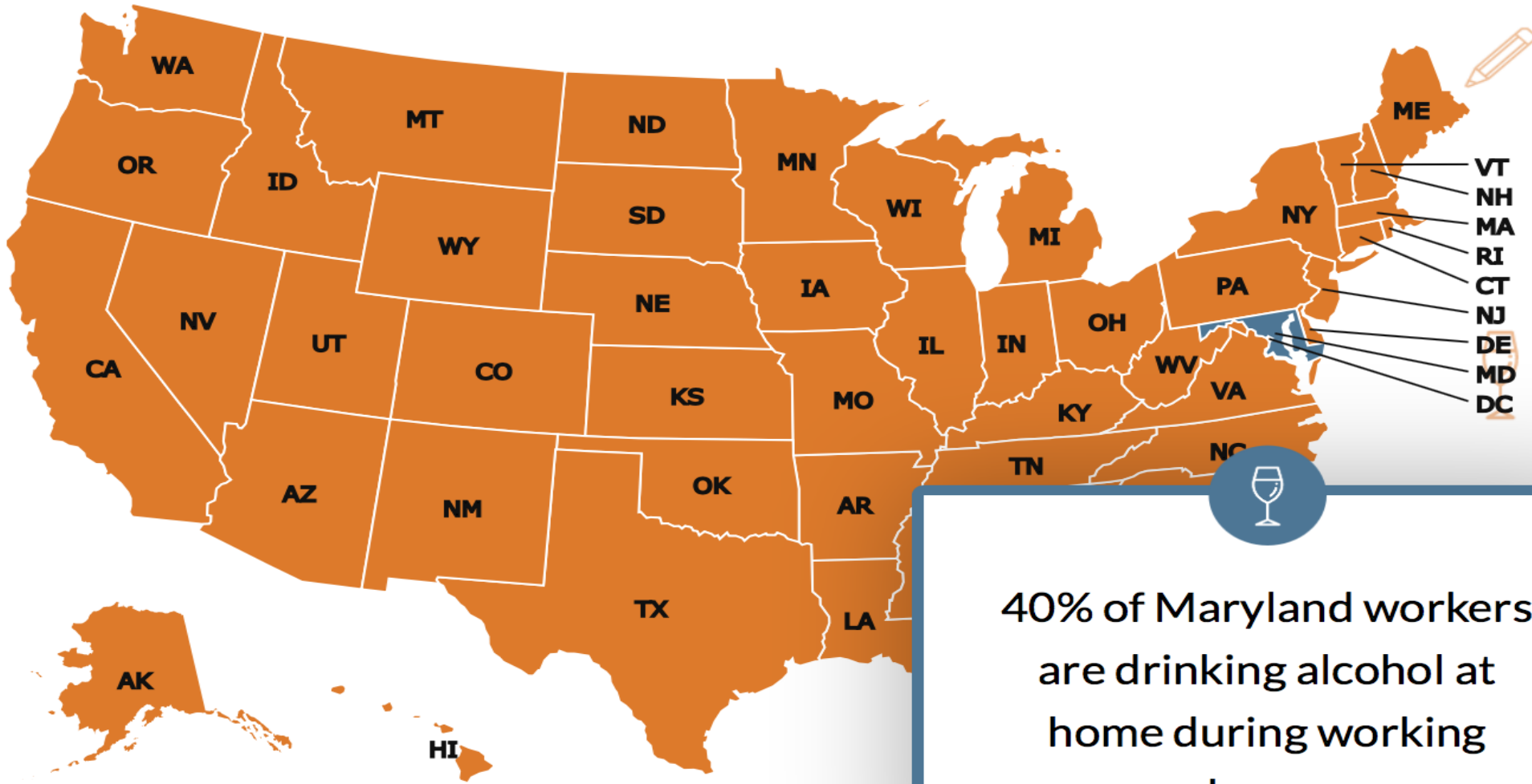
12th
Heterosexual
Gay or lesbian
Bisexual
Gay, lesbian or bi
Not sure

What do we know about the impact of alcohol during this pandemic?

COVID experience with alcohol

- Research from previous epidemics—swine flu, SARS
- Stress, isolation, boredom—triggers for alcohol use
- More leisure time, fewer alternative activities may lead to increased use
- Alcohol weakens the immune system response
- Alcohol sales 10-20% higher in March and April 2020 than 2019 (NIAAA, 2020)
- Relaxation of regulation—home delivery, cocktails to go
- Relaxation of enforcement—not checking IDs for curbside pickup, suspension of inspections

Drinking Alcohol When Working from Home



40% of Maryland workers are drinking alcohol at home during working hours

COVID and Alcohol: Research

- 1/3 of Americans drinking more now than before the pandemic
  - 1/3 working from home reported drinking during working hours
- Parents who feel stressed about distance learning drank 7 more drinks a month than those who did not feel stressed
  - These parents are also twice as likely to report binge drinking
- Average # of drinks/day and binge drinking rose 26-27% between Feb and April
  - Largest rise was in households with kids at home
- 14% increase in alcohol use; 41% increase in heavy drinking in women

Sonnenschein et al, 2020, Barbosa et al, 2020, Pollard et al, 2020, alcohol.org

Overall effects

- Short term effects
  - Impact on youth at home through domestic violence, child maltreatment
  - Impact of alcohol on the immune system in responding to COVID-19
  - Additional risk factor for depression, suicide
- Long term effects
  - For those who are drinking moderately, could lead to escalation into alcohol abuse or dependence
  - Longer term health effects from increase in consumption
  - Modeling of unhealthy drinking behaviors?

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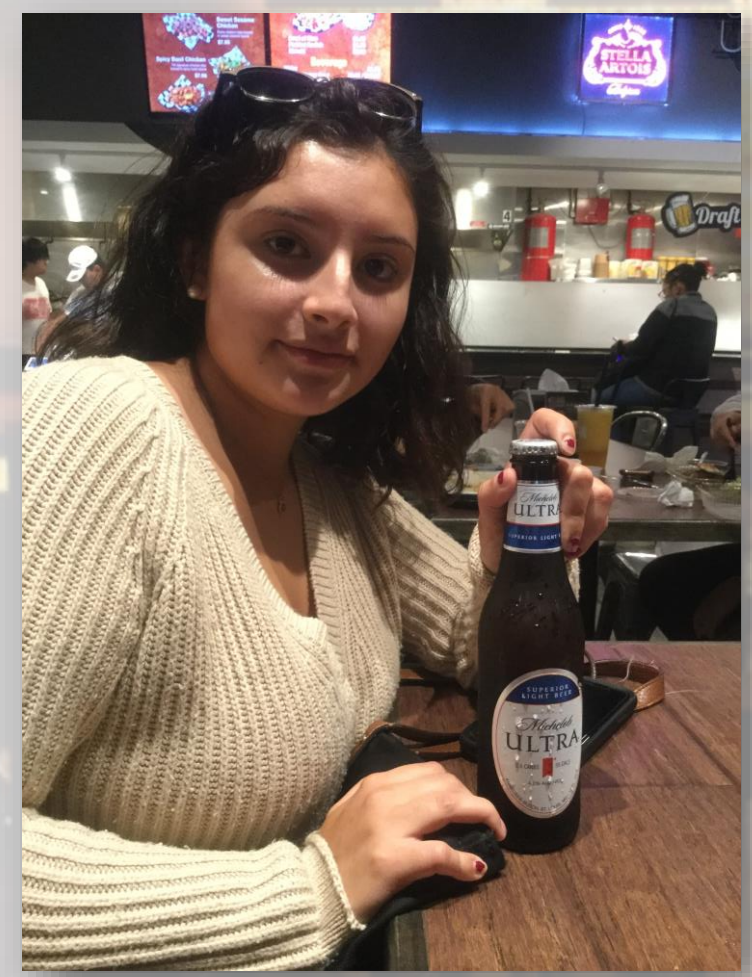
POLLING Compliance Checks



Compliance Checks

What are the protocols for compliance checks in Montgomery County?

What is Montgomery County's Mystery Shops Program?

How do you define success?

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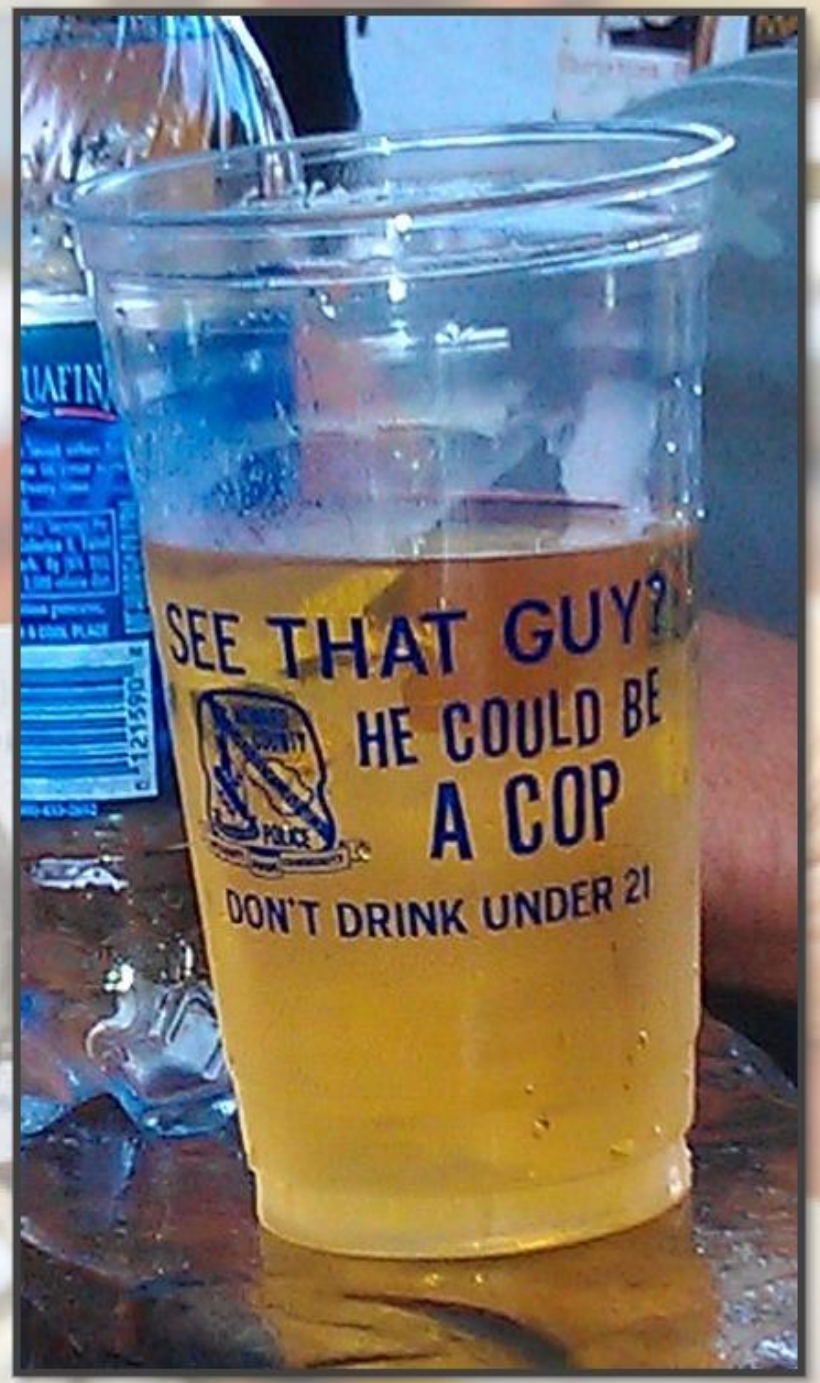
Fake IDs
Challenges
&
Strategies

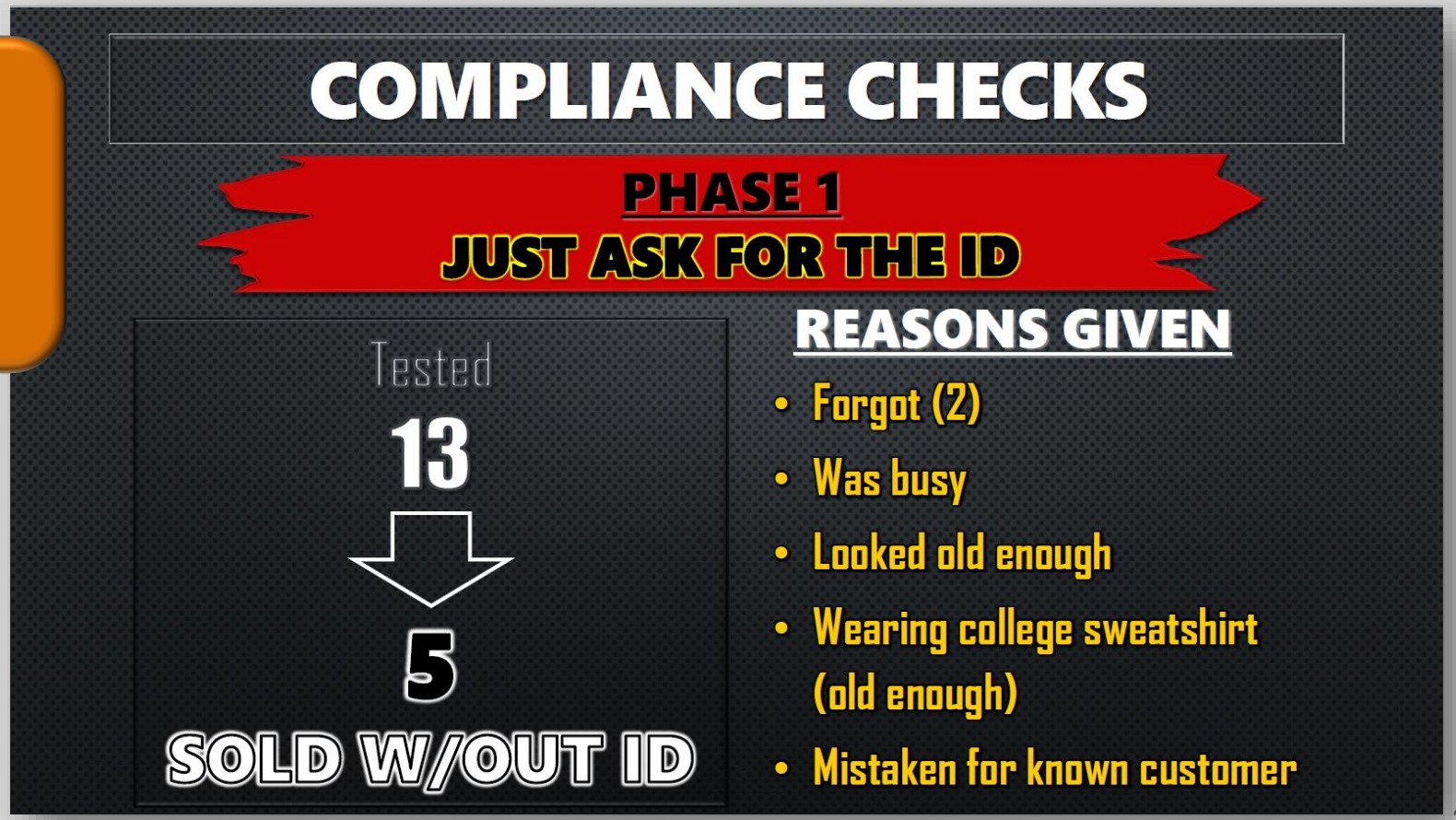
Fake IDs
Challenges & Strategies

How do you address underage compliance checks from the law enforcement perspective?



What are the predominate issues you're seeing in terms of underage compliance?

Asking for the ID…



COMPLIANCE CHECKS

PHASE 2
JUST ASK QUESTIONS

Asked for ID

8

8

ACCEPTED FAKE ID

REASONS GIVEN

- The date of birth made them old enough (4)
- Didn't even think it could be a fake
- He was a big guy, so I figured he was old enough
- His forehead matched
- Person looked similar to ID photo

Ignoring the Facts

Can you provide some guidance on detecting fake IDs- especially considering the current COVID environment?

Old ID/Old Enough

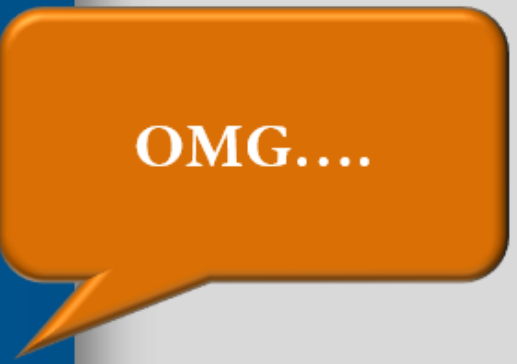
Is the ID expired? / Is the person 21 ?

Matching Photo

Does the photo match the presenter?

Genuine ID

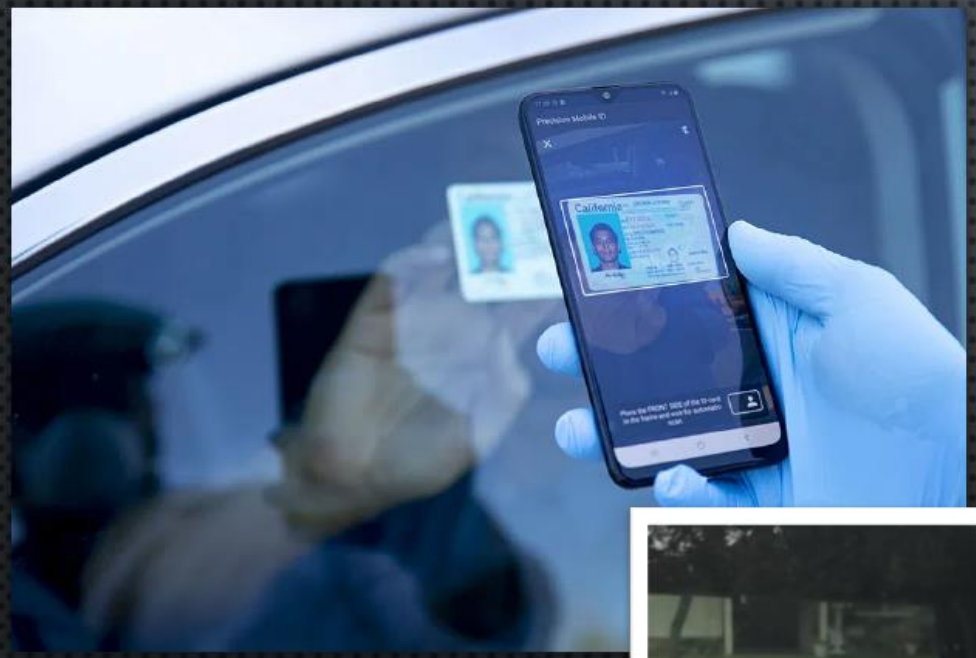
Is the ID genuine?

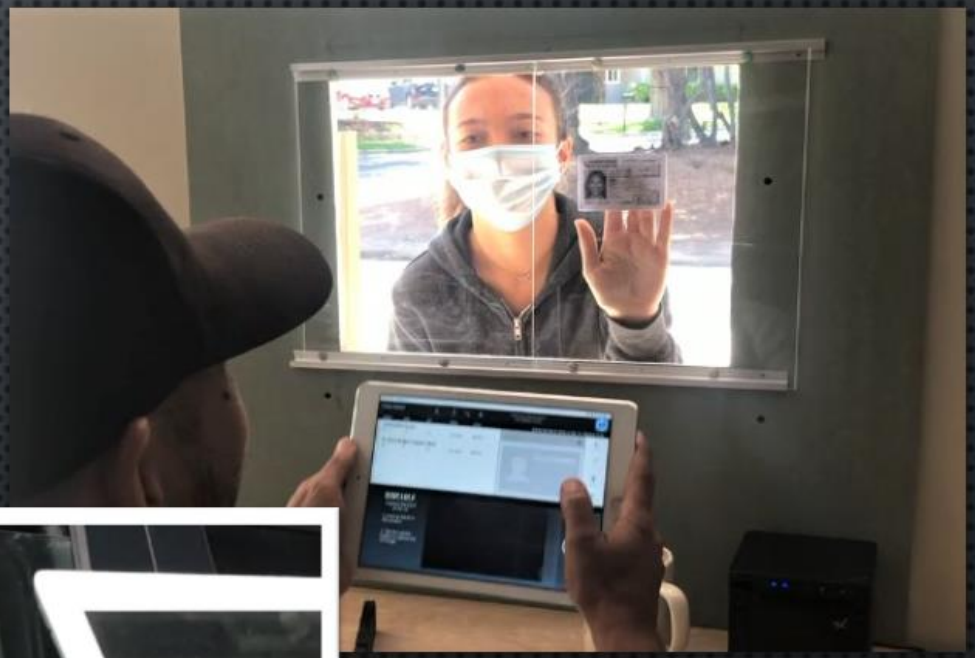


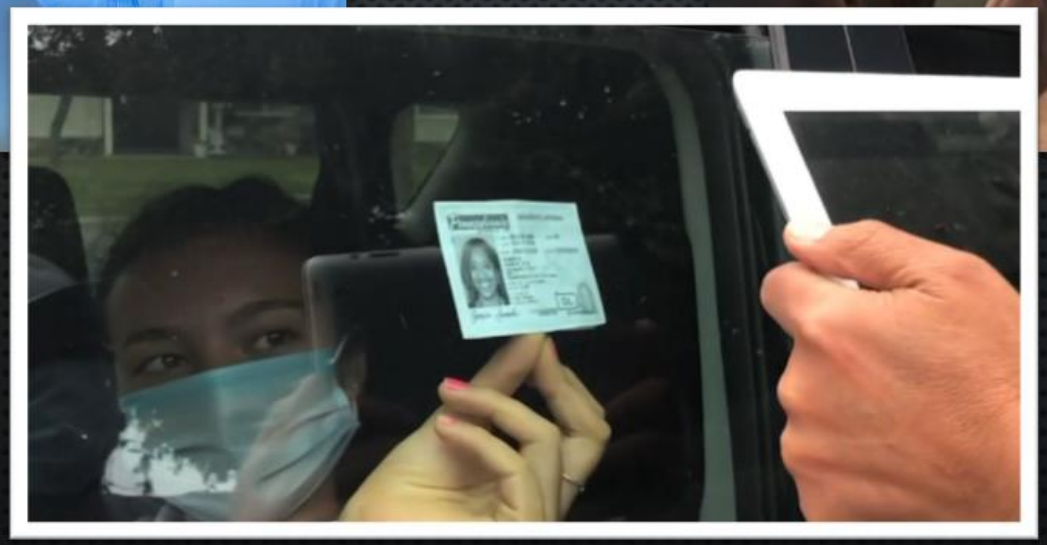
Verifying a Genuine ID in the New Normal

Key Techniques	The New Normal
1. **ASK** questions.	1. ALWAYS employ the Key Techniques.
2. **INSPECT** the ID for lamination defects.	2. ADDRESS the facemask challenge.
3. **EXAMINE** the signature font.	3. ESTABLISH guidelines on expired licenses.
4. **COMPARE** signatures.	4. INTEGRATE technology when possible.

CONTACTLESS TECHNOLOGY







Q & A

Learn More

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Closing

THANK YOU!