

# Wednesday

## Jesus Walks on Water

Be strong in the Lord and in the strength of his Power. Ephesians 6:10

### ARMOR UP with FAITH!

#### STORY POINTS

(Read Matthew 14:22-33)

- God is always with us.
- God's power can give us faith that God is with us & helps us.
- Jesus gives us protection against all the things that make us afraid
- Peter put his faith in Jesus
- Faith shields our hearts

#### In the Video today

(Found on church website, Facebook, & YouTube)

Bible Story

Trivia Challenge

"Get up & Move" Music

How to make your Shield of Faith

#### Prayer

Dear God, help me have faith to trust in you. Amen

#### CRAFT Shield of Faith

Watch the video instructions and follow written instructions on craft details sheet.

##### Supplies Needed

- Pattern for the Shield of Faith emblem
- Scissors, glue, front of cereal box, markers, crayons, aluminum foil, assorted decorations.

#### GAME

Keep it Up!

- Find a paper plate.
- Find balloons in your ARMOR QUEST Kit, blow them up and tie them.
- Use your paper plate to shield the balloon from the ground.
- How many times can you shield it from falling?
- Try this outside in the wind or compete with family members.
- Who can shield the ground the longest?

#### ACTIVITY

##### Will it Float?

- Check with an adult before you start! This would be a great idea to try outside.
- Fill a large bowl, bucket, or a tub with water.
- Find different items around your house to test to see if they will float. Double check items with an adult before you put anything in the water.
- Did you have any surprises